

Welcome to the *28th Annual Elder Religious and Diocesan Priests 2005* workshop that specializes in providing practical applications and solutions and a strong support-networking system across the spiritual, psychological, medical, pastoral, and practical aspects of caring and administering to the elders in our religious congregations and dioceses.

SPONSORED BY COLLEGE MISERICORDIA

28th Annual

ELDER RELIGIOUS and DIOCESAN PRIESTS WORKSHOP 2005



An intensive workshop that focuses on life long membership

Offers practical applications and solutions

**Celebrate with us!
Choose from 3 exciting locations!**

Come learn, be refreshed in mind, body and spirit, and share in our 28th year!

This is my fourth such conference. I always come home with new and stimulating ideas.
 Jim Vorndran, SM
 Marianist (Society of Mary)
 Dayton, OH

This was the best conference I have ever attended for the elderly...As an RN, it was nice to hear about the topics from a very different perspective.
 Mary Speicher, RN
 Madonna House
 Combermere, Ontario

Texas

San Antonio
 May 28-June 2

Designed For

- Sisters
- Brothers
- Priests
- Deacons
- Ministers
- Laity

Wisconsin

Madison
 June 9-14

In Positions of

- Leadership ● Administrators ● Nurses
- Nurse Practitioners ● Retirement Planners
- Geriatric Personnel ● Social Workers
- Recreation Therapists ● Counselors
- Outreach Workers ● Dietitians ● Chaplains
- Pastoral Staff ● Membership Personnel

Pennsylvania

Dallas
 July 16-21

- Faculty specifically chosen for their expertise and ability to relate to this focused group
- Integrates the spiritual, psychological, medical, pastoral and practical issues concerning the aged
- Opens channels linking you into a strong support and networking system; you continue to benefit long after the workshop has ended

28th Annual



ELDER RELIGIOUS and DIOCESAN PRIESTS WORKSHOP 2005

TEXAS

San Antonio
May 28-June 2, 2005
Our Lady of the Lake University

May 28, Saturday

1:00 pm
7-8:00 pm

Check in at Flores Hall
Welcome & Opening Session
New Comers Orientation
Past Participants Networking Session
Mary Hopkins, OP, MS, and Wayne Fitzpatrick, MM, MA, MS
Welcoming Reception

8:00 pm

May 29, Sunday

9-11:30 am
2:30-5:00 pm

Depression As It Relates to Losses in Later Years
Ana L Blancarte, PhD
Working with End of Life Issues
Ana L Blancarte, PhD

May 30, Monday

9:00 am-5:00 pm

Spirituality: Incorporating Body, Mind and Spirit as a Spiritual Whole
Joel Giallanza, CSC, MA

May 31, Tuesday

9-11:30 am

Reminiscence: A Key Competency for Working with Older Adults Patricia A La Brosse, MS, RN, CS, CNAA

Afternoon free to explore San Antonio

June 1, Wednesday

9-11:30 am
2:30-5 pm

In Search of the Fountain of Youth
Andres Bonelli, MD
Diseases Associated with Aging
Andres Bonelli, MD

Evening Session **Networking and Peer Consultation**

June 2, Thursday

9-11:30 am

Practical application of insights from the total workshop to share with colleagues, staff and residents
Mary Hopkins, OP, MS, and Wayne Fitzpatrick, MM, MA, MS

*Exceptional Conference!
A perfect blend of
academia and experiential
knowledge that lends
sincerity and validity to
some very valuable
informational tools for
those of us working with
retired religious.*
Deb Doyle, Pastoral Care
Minister
Sisters of Charity, BVM
Dubuque, IA

Visionary and practical; inspiring and grounded, this conference makes me glad to be in the ministry of care giving for our elderly.

Margaret O'Brien, SC- Regional Coordinator
Sisters of Charity of New York
Bronx, NY



WISCONSIN

Madison
June 9-14, 2005
Edgewood College

PENNSYLVANIA

Dallas
July 16-21, 2005
College Misericordia

June 9, Thursday

1:00 pm
7-8:00 pm

Registration
Welcome & Opening Session
New Comers Orientation
Past Participants Networking Session
Mary Hopkins, OP, MS, and
Wayne Fitzpatrick, MM, MA, MS
Welcoming Reception

8:00 pm

July 16, Saturday

1:00 pm
7-8:00 pm

Registration
Welcome & Opening Session
New Comers Orientation
Past Participants Networking Session
Mary Hopkins, OP, MS, and
Wayne Fitzpatrick, MM, MA, MS
Welcoming Reception

8:00 pm

June 10, Friday

9:00 am-5:00 pm

**Addressing Healthy Change in the
Community, the Diocese, and Other
Faith-Based Organizations**
Richard P Johnson, PhD

July 17, Sunday

9:00am-5:00 pm

**Season of Grace and Wisdom:
Promoting Spiritual Growth Among
Elders** Raymond Studzinski, OSB, PhD

Optional Evening Sessions

**Maximizing the Bang for Your Medical Care
Buck: What to Expect from a Physician Treating
an Elderly Patient** John Siberski, SJ, MD

June 11, Saturday

9-11:30 am

Concurrent Sessions (Choose 1)

- a. **Oh, When I come to the end of My Journey:
End of Life Issues and the Elderly**
Shawnee Marie Daniels-Sykes, SSND, MA
- b. **Healthy Aging as Life Changes**
Peggy Weber, RN
- c. **Elders on Restriction: An Ongoing Journey**
Steve Henrich, OSC, MDiv

2:30-5:00 pm

Concurrent Sessions Repeated (Choose 1)

**Spiritual Needs of Elderly Alzheimer's
Religious** M. Rosaline, SSCM, MTS

Concurrent Sessions (Choose 1)

- a. **Minimizing Clinical Errors** John Siberski, SJ, MD
- b. **The ABCs of the DDDs** James Siberski, MS
- c. **How Not to Get Caught in a Geriatric
Speed Trap** Pat Rossini, BA

June 12, Sunday

9-11:30 am

**Integrating Complementary and
Alternative Therapies with Conventional
Medicine** Patsy Martinson, LMT, CHTP

July 18, Monday

9-11:30 am

Concurrent Sessions Repeated (Choose 1)

Afternoon free to explore Madison

2:30-5:00 pm

July 19, Tuesday

9-11:30 am

Well- Well- Well!
James Siberski, MS and
Margie Bucher, PhD

June 13, Monday

9-11:30 am

Embracing the Vocation of Later Life
Raymond Alan Mattes, MSG, MPA, MA
**Developing an Integrative Approach to
Elder Care**
Raymond Alan Mattes, MSG, MPA, MA

Afternoon free to Explore Wilkes-Barre/Scranton

2:30-5:00 pm

July 20, Wednesday

9-11:30 am

Vision and Aging
Jeffrey Becker, OD
Older Adults and the Digital Divide
Brenda Hage, MSN, CRNP

Evening Session **Networking and Peer Consultation**

2:30-5:00 pm

July 21, Thursday

9-11:30 am

**Practical application of insights
from the total workshop to share
with colleagues, staff and residents**
Mary Hopkins, OP, MS, and
Wayne Fitzpatrick, MM, MA, MS

June 14, Tuesday

9-11:30 am

**Practical application of insights
from the total workshop to share
with colleagues, staff and residents**
Mary Hopkins, OP, MS, and
Wayne Fitzpatrick, MM, MA, MS

Session Descriptions

TEXAS

Opening Session

Mary Hopkins, OP, MS and Wayne Fitzpatrick, MM, MA, MS

This gathering will provide an opportunity for basic orientation to the workshop for first time participants and those who have attended workshops in the past. For the new comers, there will be an opportunity to review the goals and objectives of the workshop as well as time for in depth sharing with others in your particular ministry for all participants. The session will close with prayer asking God's blessing on our time together.

Depression As It Relates to Losses in Later Years Working with End of Life Issues

Ana L Blancarte, PhD

Clinical depression is NOT a normal part of aging; yet, loss and grief are common themes for the elderly. We may treat a person's natural grief response with alarm, yet we often "under-react" when elderly exhibit true signs of depression. Participants will review loss in a persons' later years, and identify key features that indicate the need for a clinical evaluation for depression. Erikson's late-life stage (ego integrity vs despair) will be used to consider how "baggage" we carry can be a valuable tool in integrating past life experiences and deepening one's inner journey. Lecture, clinical vignettes, and brief exercises will be used to enhance understanding or working with the elderly.

Spirituality: Incorporating Body, Mind and Spirit as a Spiritual Whole

Joel Giallanza, CSC, MA

This session identifies some practices and principles helpful for building or rebuilding and maintaining a healthy, balanced, and realistic spiritual life in the midst of life's changes. The session is directed primarily to ministers but can also be used by those being served.

In Search of the Fountain of Youth Diseases Associated with Aging

Andres Bonelli, MD

Participants will gain historical perspectives on youth, learn definitions of Units of Life, Stages of Development, Health and Homeostasis, and Disease and Senescence. Also covered will be theories of aging and areas of research as well as strategies to maintain vitality. The afternoon session will focus on diseases associated with aging including Atherosclerosis, Cancer, Hypertensive Cardio-Vascular Disease, Diabetes Mellitus and Obesity, Osteoporosis, Arthritis, and Cataracts. Both sessions will include questions and answers from participants.

Reminiscence: A Key Competency for Working with Older Adults

Patricia A La Brosse, MS, RN, CS, CNA

This session describes the benefits of reminiscence as a process, how it correlates to the developmental tasks for older adults and the application of the reminiscence process in a group setting. Participants may participate in group activities utilizing reminiscence as a therapeutic intervention. The use of "memory prompts" and various group leading techniques will be demonstrated.

Practical application of insights from the total workshop to share with colleagues, staff and residents

Mary Hopkins, OP, MS, and Wayne Fitzpatrick, MM, MA, MS

This important session will not only bring together insights and answers gleaned from the intensive workshop week but will also serve to link valuable information flowing from our goals and objectives from all three workshops. For your benefit, following the conclusion of the final workshop, this material will be formatted and sent out to each of you as a valuable reference tool to continue to assist in your ministry.

WISCONSIN

Opening Session

Mary Hopkins, OP, MS and Wayne Fitzpatrick, MM, MA, MS

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Addressing Healthy Change in the Community, the Diocese, and Other Faith-Based Organizations

Richard P Johnson, PhD

Religious communities and their members are in the midst of a protracted process of change so profound that it has been called a fundamental transformation. Forces such as: ministry constriction, shifting priorities, demands of an increasing aging membership, alternate residential styles, closing communities, as well as community and provincial amalgamation all exert pressure on community leadership and membership alike. A presentation that will constructively address positive change on a personal and/or corporate level, participants will learn the 15 change competencies that allow for successful change in religious communities, dioceses, or other faith-based organizations.

Integrating Complementary and Alternative Therapies with Conventional Medicine

Patsy Martinson, LMT, CHTP

Seventy percent of Americans choose to use non-conventional therapies because they recognize that healing involves body, mind, emotion, and spirit. Conventional medicine is beginning to integrate these therapies. Learn about modalities that facilitate healing in non-invasive, holistic ways including bodywork, movement therapies, mind-body interventions, emotional healing, energy therapies and alternative medical systems. This presentation will be interactive.

Embracing the Vocation of Later Life

Raymond Alan Mattes, MSG, MPA, MA

This presentation invites you to explore the unique aspects of one's call to later life. Participants will review formative life tasks and their presence in our own unique life story in order to more fully appreciate God's presence, discover deeper meaning and gain further insight into the sacredness of life's moments and the spiritual journey. Through lecture and shared reflection, participants will celebrate, both individually and communally, our vocation to later life.

DRAWING FOR FREE 2006 WORKSHOP

Includes full registration fee! **Must be present to win**

Session Descriptions

Developing an Integrative Approach to Elder Care

Raymond Alan Mattes, MSG, MPA, MA

Elder Care involves more than building or renovating buildings. It is a comprehensive process that encompasses the unique needs of the individual, the values and charism of the congregation and the realities of an ever changing long-term care delivery system. This presentation will provide participants with an outline to an integrative approach to elder care that can be replicated in their own congregations.

Concurrent Sessions

Oh, When I come to the End of My Journey: End of Life Issues and the Elderly

Shawnee Marie Daniels-Sykes, SSND, MA

This workshop looks at end of life issues and ethical decision-making within the context of the church's teaching and tradition. It examines practical issues such as advance directive, nutrition and hydration, and palliative care. The United States conference of Catholic Bishops' Ethical and Religious Directives for Catholic Health Care services, particularly "Issues in caring for the dying" will be discussed.

Healthy Aging as Life Changes

Peggy Webber, RN

Everyday we age, and everyday we must deal with change. Illness and dying are huge challenges. Ones we don't plan for, but we need to spend time addressing. Keeping the need for our body, mind, and soul to be in balance, we will explore change as being part of Life's challenge.

Elders on Restriction: An Ongoing Journey

Steve Henrich, OSC, MDiv

Accountability and care are part and parcel of healthy and vibrant living of religious life and/or priesthood. Members, restricted in ministry, can lead rich, meaningful and productive lives of service. This session will focus on how to attain a productive life even when restrictions are an obstacle.

Practical application of insights from the total workshop to share with colleagues, staff and residents

Mary Hopkins, OP, MS, and Wayne Fitzpatrick, MM, MA, MS

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PENNSYLVANIA

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Season of Grace and Wisdom: Promoting Spiritual Growth Among Elders

Raymond Studzinski, OSB, PhD

This presentation will explore various pastoral strategies and spiritual practices which can assist elders as they come to terms with their past, present, and future. The goal in such ministry to elders is to foster a vibrant faith and an increased sense of spiritual well being.

Optional Evening Session - Maximizing the Bang for Your Medical Buck

John R Siberski, SJ, MD

What should you expect from a physician treating an elderly patient? Discover the key questions that should be asked and the issues to be raised.

Optional Evening Session - Spiritual Needs of Elderly Alzheimer's Religious

M Rosaline, SSCM, MTS

Alzheimer's patients have spiritual needs unique to them. This session will focus on the distinction between spiritual and religious needs and discuss ways of responding effectively to those with Alzheimer's.

Concurrent Sessions

Minimizing Clinical Errors

John R Siberski, SJ, MD

This presentation will focus on consistency and efficiency in caring for elderly community members. It will talk about the policies within and outside the retirement center for doing so.

The ABC's of the DDD's

James Siberski, MS, CRmT

This topic will focus on the activities of daily living, including the behavioral consequences. It will also discuss the cognitive issue of delirium, dementia, and depression in religious life.

How Not to Get Caught in a Geriatric Speed Trap

Pat Rossini, BA

If it hasn't happened, it can. If it can happen, it will- your report to the state officials for violating a geriatric standard. What is protective services? What is an Ombudsman? Do they apply to religious communities and what are the National trends? This session will focus on these issues and let you know how to prevent a bad situation from getting ugly.

Well- Well- Well

James Siberski, MS and Margie Bucher, PhD

Activity therapy for the well, not so well and those who want to remain well in religious life. What is COG REM and how does it help you stay well? Also, why is Activity therapy important and why should it not be under funded and under staffed.

Vision and Aging

Jeffrey Becker, OD

This presentation will explore how the visual system changes as we age and how it affects our daily activities. Using slides, demonstrations, video, and group participation, new techniques and procedures to assist individuals with age related deficits will be discussed.

Older Adults and the Digital Divide

Brenda Hage, MSN, CRNP

Technology has expanded consumer access to information through the use of the Internet like never before. The rapid proliferation of health related web sites has resulted in an outpouring of health information, but how can one know what is legitimate and what is not? While technology is available to some, many older adults do not have access to computers and the Internet. This interactive presentation will explore older adults' use of technology, the digital divide and offering strategies for bridging the gap. A formal framework to critically analyze the credibility of on-line health information will also be offered.

Practical application of insights from the total workshop to share with colleagues, staff and residents

Mary Hopkins, OP, MS, and Wayne Fitzpatrick, MM, MA, MS

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FACULTY

28th Annual Elder Religious and Diocesan Priests Workshop

Jeffrey Becker, OD

Dr. Becker is in private practice in Honesdale, PA with a specialty in vision rehabilitation. He has lectured across country to professional groups concerning vision rehabilitation therapy and services. He is also a consultant to several rehabilitation centers as well as numerous professional organizations including NORA, Neuro Optometric Rehabilitation Association, and OEP, Optometric Extension Program.

Ana L Blancarte, PhD

Dr Blancarte is a psychologist who has been in private practice since 1993. She has provided consultation for religious and lay organizations and has taught clinical psychopathology and group psychotherapy at universities in San Antonio. Clinically, her areas of interest include depression through the life-span, geropsychology, individual psychotherapy and group psychotherapy. Currently, she works primarily with adults and conducts group psychotherapy for men and women. She also provides consultation for families faced with issues of aging. She holds a PhD degree from Texas A & M University.

Andres Bonelli, MD

Dr Bonelli received his MD from the Universidad Central Del Caribe, Escuela de Medicina in Cayey, Puerto Rico. He belongs to the American College of Physicians and the American Geriatric Society and has permanent Medical Licensure in New York, Florida, and Texas. Currently, he is an attending physician and Medical Director at the Spohn Hospital Based Nursing Facility at Spohn Hospital in Corpus Christi, Texas.

Margie Bucher, RN, CS, PhD

Graduate degree in Nursing from the University of Pennsylvania and doctoral degree from Weidner University. Certified as a Psychiatric Nurse and Clinical Nurse Specialist, she serves as a consultant to numerous religious communities and long-term care facilities and is Assistant Professor of Nursing at Bloomsburg University, PA.

Phyllis Bunnell, CDP, PhD

Fulfilled a lifelong interest in education by receiving her MA and PhD from the University of North Texas. Always interested in liturgy and spiritual direction as well, she made the LIFE workshop at Collegeville, MN and a two-year spiritual direction internship under Dr Deborah Hanus at the Center for Contemplation and Spiritual Growth in San Antonio. Currently teaches Latin for Central Catholic and Providence High Schools in San Antonio, TX. Responsible for coordinating liturgy and prayer services at the workshop in Texas.

Mary Ann Carroll, OP, MA

A Dominican Sister of Sinsinawa, Wisconsin. Graduate degrees in Education from Cardinal Stritch University and in Theology from St. Norbert College as well as certification in Administrative Leadership from the University of Wisconsin, Milwaukee. Experience includes educational and parish administration as well as leadership ministry. Currently serving as the prioress of the St Clara Community at the Motherhouse in Sinsinawa, WI. Responsible for coordinating liturgy and prayer services at the workshop in Wisconsin.

Shawnee Marie Daniels-Sykes, SSND, MA

A vowed member of the School Sisters of Notre Dame, she holds two BS degrees in Biology/Biochemistry and in Nursing. With an MA in Pastoral Studies from Saint Francis Seminary in Wisconsin, she is currently in the Doctoral Program in Religious Studies with a

specialization in Theological Ethics and Social Bioethics at Marquette University in Milwaukee, Wisconsin. Among others, Sister Shawnee has published on topics such as "Religious Life: The Call, The Challenge, The Response" in *Horizon Magazine* and "The African-American Experience" in *That All May Be One: A Resource for Understanding and Appreciating Our Cultural Diversity* Archdiocese of Milwaukee.

Wayne Fitzpatrick, MM, MA, MS

Graduate degrees in Pastoral Counseling and Theology. A Maryknoll Brother, Retirement Planning Specialist, and served 12 years on the Maryknoll Society General Council. Extensive experience working as a geriatric and pastoral consultant with religious communities. Co-planner of Elder Religious & Diocesan Priests workshops.

Joel Giallanza, CSC, MA

Brother Joel Giallanza received an MA from the University of San Francisco where he studied spirituality and scripture. In June 2004, he was appointed Vicar for Religious, and he also serves as a member of the faculty of the Institute for Spiritual Direction in the Diocese of Austin. An active member of Spiritual Directors International, he is also a member of the Religious Brothers Conference and served on the Executive Board. He has conducted retreats and workshops on various themes related to the spiritual life and religious life. His writings have appeared in *Review for Religious, Spiritual Life, Human Development, The Priest, and Carmel in the World*.

Brenda Hage, MSN, CRNP

With a graduate degree in Nursing from College Misericordia and also a member of its faculty, she is completing a PhD from Virginia Commonwealth University with a specialization in Gerontology. Experienced in physical medicine and rehabilitation practice, she also maintains private practice as a long-term care consultant. Her current research focuses on elder health promotion and health care financing issues.

Steve Henrich, OSC, MDiv

Steve Henrich was ordained in 1974 and has been a member of the Crosier Fathers and Brothers since 1966. Having spent almost 20 years in the provincial administration, he is currently Vicar Provincial. He has served as a chaplain, teacher and an associate pastor. Past ministry included Executive Director of the Conference of Major Superiors of Men.

Mary C Hopkins, OP, MS

Master's degree in Pastoral Counseling/Spirituality from Loyola College. Certified Retirement Planning Specialist and Grief Counselor. Extensive experience working as a geriatric and pastoral consultant with religious congregations and dioceses as well as preaching retreats. Co-planner of Elder Religious & Diocesan Priests workshops. Past experience includes ten years as Director of Third Age Retirement Office of the Sinsinawa Dominicans.

Richard P Johnson, PhD

Dr Johnson is nationally recognized for his pioneering work in Spiritual Gerontology. He is invited into many churches, diocese, and religious communities for consultation, workshops, retreats, and other educational work. He has given keynote addresses and presentations in conferences including: ACA, AADA, NACPA, NOCERC, LCWR, NFPC, NACSW, NACFLM, and others. The author of many articles and thirteen books all focused upon God's expansive grace in the maturing years, he recently published his first novel, *The Nun and the Doctor*.

FACULTY

28th Annual Elder Religious and Diocesan Priests Workshop

Francesca Koller, OP, MA

Graduate of Loyola University, Chicago with a Master's of Pastoral Studies and Liturgy. Certified NACC chaplain. Dominican sister currently ministering in the area of Spiritual Care at St. Dominic Villa, the Congregation's long term care facility at Sinsinawa, WI. Responsible for coordinating liturgy and prayer services at the workshop in Pennsylvania.

Patricia A La Brosse, MS, RN, CS, CNAA

A registered nurse for over 20 years, she is recognized as an expert in Psychiatric/Mental Health nursing. She is a regular presenter on topics such as reducing healthcare disparities in the uninsured, enhancing access to care, horticultural therapy, and reminiscence as a therapeutic intervention for older adults. Her scholarly works include publications on horticultural therapy research, access care, end of life care for alcoholic patients, nursing leadership/management, and the inclusion of poetry by students to reflect on their clinical experiences with psychiatric patients.

Patsy Martinson, LMT, CHTP

A massage therapist and healing touch practitioner for the Franciscan Sisters of Perpetual Adoration and in private practice. Patsy trained in massage at the Minneapolis School of Massage, the Myotherapy Institute of Massage in Salt Lake City, and trained in healing touch with the Colorado Center for Healing Touch in Lakewood. Her practice includes people of all ages. She has ten years experience working with elder religious.

Raymond Alan Mattes, MSG, MPA, MA

Candidate of the Immaculate Heart Community, Los Angeles, CA. Masters degrees in Gerontology and Public Administration from the University of Southern California and in Pastoral Theology from Loyola Marymount University. A licensed nursing home administrator, Spiritual Director and Reiki Master, Ray is the Executive Director of Collaborative Project for Aging Religious, Inc. that provides consultation, program development and services and educational opportunities for religious congregations in the areas of elderhood, wellness, spirituality and long-term care.

M. Rosaline, SSCM, MTS

Presently serves as the Director of Pastoral Services at Maria Joseph, a Continuing Care Facility in Danville. She is also part-time Chaplain at Danville State Hospital. A certified Chaplain in the NACC (National Association of Catholic Chaplains), she obtained her Master of Theological Studies at Catholic Theological Union in Chicago.

Pat Rosinni, BA

A graduate of College Misericordia with a certificate in gerontology, she has more than 25 years experience in protective services and patient ombudsman. Experienced presenter and consultant in long-term care institutions and religious communities.

James Siberski, MS, CRmT

Graduate degree in Human Resources Development. Affiliate member of American Geriatric Psychiatrist Association. Certified in Remotivation Therapy, Activities, and Gerontology. Coordinator, Gerontology Education Center for Professional Development at College Misericordia. Experienced in activities planning and delivery in geriatric populations, religious communities, and long-term care facilities. Lectures on suicide prevention, mood disorders, and personality disorders in the elderly. Published in many journals including *Journal of Psychological Nursing*, *Directors Guide*, and *Remotivator*.

John R. Siberski, SJ, MD

Dr. Siberski, a member of the New England Province of the Society of Jesus and a graduate of Temple University School of Medicine, is board certified in internal medicine, psychiatry and geriatric psychiatry. He is associate professor of Psychiatry, Director of Psychiatry Residency Training and Director of Geriatric Psychiatry at Georgetown University Hospital.

Raymond Studzinski, OSB, PhD

PhD in historical theology from Fordham University. A monk of St Meinrad Archabbey in Indiana and an Associate Professor in the School of Theology and Religious Studies at the Catholic University of America, Washington, DC, where he teaches courses on religious development and spirituality. He has written on the spirituality of mid-life and aging as well as on topics in the psychology of religion. He lectures frequently in the area of adult spirituality and is finishing a book on the evolution of the spiritual practice of reading.

Peggy Weber, RN

Presently a nurse in two parishes. She also facilitates the Kids Can Cope program in two schools. A graduate of St Mary's Nursing school and Edgewood College, she has completed the parish nurse program at Marquette University and is currently in the Graduate Nursing Program at Edgewood College, Madison, WI. An RN for 30 years focused mostly on the psycho-social concerns of people. With over 4,000 parishioners in two congregations, she helps people deal with health changes every day.

Spending time together learning about and discussing our common issues is a source of insight and strength to ourselves and to our ministry to the elderly. This workshop is really beneficial to all who partake in it.

Gregory Lucrezia SA-
General Council
Franciscan Friars of
Atonement
Garrison, NY

HELPFUL INFORMATION REGISTER EARLY - Programs Fill Quickly!

Registration is **EASY** through the **Division of Adult Education at College Misericordia**

Phone

(570) 674-6161

Office Hours:

Mon-Thurs 8:30 am-8:00 pm

Fri 8:30 am-4:00 pm

Saturday & Holiday Hours Vary

Mail

Elder Religious &

Diocesan Priests

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Fax

(570) 674-6232

24 hours a day!

E-mail

conted@misericordia.edu

for general inquiries

Web Site

Misericordia.edu

TEXAS

LOCATION

OUR LADY OF THE LAKE UNIVERSITY, 411 S.W. 24th Street, San Antonio, TX, maintains a quiet charm while only about 10 minutes from the center of masterful entertainment, famous River Walk and Historic preservation in this eighth largest city in the US. Accessible by major interstate freeways from every direction.

TRANSPORTATION

San Antonio International Airport is served by many major airlines. For transportation to the University, Yellow Checker Cab (210-222-2222) and rental cars are available at the airport. Accessible from the North by I-410 West; from the South, East and West by US 90 West. The University can be reached via either Cupples Road or off Commerce Street onto 24th Street. Your confirmation packet will include more detailed information.

LODGING

Choose from air-conditioned single or double room accommodations in modern residence facility on campus. Please note that all dorm rooms whether single or double have shared restrooms. Also note that from the residence hall to the conference hall is a 10 minute leisurely walk and from the residence hall to the dining hall is a 15 minute walk. Parking is available near the conference hall for those who wish to drive.

WISCONSIN

LOCATION

EDGEWOOD COLLEGE, 1000 Edgewood College Drive, Madison, WI, located at scenic Lake Wingra, is the host site location. The campus is about 10 miles from the Dane County Regional Airport. Badger (taxi) Cab, Greyhound Bus, and car rental ground transportation are available. Take a leisurely walk to nearby arboretum, parks and zoo, which provide opportunities for boating, hiking, swimming, and other activities.

TRANSPORTATION

For those staying at Edgewood, Badger (taxi) Cab and rental cars are available at Dane County Regional Airport. For those choosing the hotel housing option, free shuttle service is available between the airport and the hotel. Your confirmation packet will include more detailed information.

LODGING

On and off campus housing choices

On Campus: Edgewood College - Housing is either in double rooms with air-conditioning or single, non-air-conditioned rooms. Please Note: **ONLY DOUBLE OCCUPANCY ROOMS ARE AIR-CONDITIONED. Single rooms are NOT air-conditioned.** Also note that all dorm rooms whether single or double have shared restrooms.

Off Campus: Nearby Hotel - Participants may opt to stay at a nearby hotel with full-service amenities including daily shuttle to Edgewood. Hotel information is available through College Misericordia.

PENNSYLVANIA

LOCATION

COLLEGE MISERICORDIA, 301 Lake Street, Dallas, PA is located on a spacious 124-acre campus nine miles west of Wilkes-Barre, and only two and a half hours from both New York City and Philadelphia. The Wilkes-Barre area is conveniently served by several major airlines through the Wilkes-Barre/Scranton International Airport (AVP), as well as a number of commuter services, interstate bus companies, Interstate 80, 81, 84, and 476. Enjoy the state-of-the-art recreational facility, outdoor tennis courts, and indoor and outdoor walking track and paths.

TRANSPORTATION

College Misericordia offers free shuttle service to and from the Wilkes-Barre/Scranton International Airport and Wilkes-Barre Bus terminals if arrangements are made in advance. Your confirmation packet will include more detailed information.

LODGING

Choose from air-conditioned single or double room accommodations in modern residence facilities on campus. Limited townhouses for groups of 3 or more also available. Please note that all dorms rooms whether single or double have shared restrooms.

GENERAL INFORMATION

MEALS - The comprehensive **Resident Fee** includes all meals, breaks, and social receptions held during the workshop. The **Commuter Fee** includes workshop meals, refreshment breaks, and social receptions. More detailed information will be sent with your confirmation packet.

EARLY BIRD DISCOUNT - Register before April 1 and take \$25 off the listed registration fee.

EXTENDED STAY - If you need to arrive early or stay an extra day to accommodate your travel plans, housing may be arranged on a **SPACE AVAILABLE BASIS**, with sufficient advance notice through College Misericordia. An additional fee will be charged as follows: \$25 per person per night at College Misericordia and Our Lady of the Lake University; \$40 per person per night at Edgewood College; Please call College Misericordia to see if extended stay is available at the location of your choice. *Please note that meals are not provided for extended stay.*

CONFIRMATION - Registrations are confirmed by mail or e-mail. Travel and other information will be included with your registration packet.

CANCELLATION - Should you need to cancel, a substitute may be sent in your place, but you must **let us know of the change BEFORE arrival at the conference**. If cancellation is made up to 5 working days before the workshop begins, we'll be happy to refund your registration fee and deposit **less a \$50 processing fee**. Cancellations after that time are eligible for refund of the registration paid, less the \$50 fee, with the deposit held as credit toward next year's program for yourself or a substitute.

CERTIFICATES - Continuing Education Units and Contact Hours will be awarded on certificates from College Misericordia. We can supply documentation upon request toward other CEUs you may wish to pursue.

BRING A SWEATER! Because of air-conditioning, we recommend that you always bring a sweater to the conference area.

BOOKS AVAILABLE FOR PURCHASE AT ALL THREE LOCATIONS!

TEXAS

Register Early - Space is Limited!

REGISTRATION

May 28-June 2, 2005

Registration Deadline is May 13, 2005

Please list your name exactly how you would like it to appear on your certificate.

Sr. Fr. Bro. Rev. Dr. Mr. Mrs. Ms. (Circle an appropriate title or include it with your name.)

Name _____ Rel. Community Initials _____

Address _____ Female/Male (circle gender)

City _____ State _____ Zip _____ E-mail _____

Ph (day) (____) _____ (evening) (____) _____ Fax (____) _____

Have you attended the ERDP workshop before? Yes No Location: Texas Wis PA

Check the area of ministry closest to what you do:

Administrator ___ Retirement Planner ___ Nurse ___ Social Worker ___ Chaplain ___ Dietician ___

Parish Outreach Worker ___ Religious Leadership ___ Diocesan Priest ___ Pastoral Staff ___

Geriatric Personnel ___ Recreation Therapist ___ Nurse Practitioner ___ Counselor/Therapist ___

Diocesan Leadership ___ Membership Personnel ___ Other ___ (Please describe _____)

Choice of Housing

TEXAS May 28-June 2, 2005 (Please check one)

	Early Bird! <i>Before April 1</i>	Rate per person Take \$25 off!
<input type="checkbox"/> Single Air-conditioned (Resident)		\$725
<input type="checkbox"/> Double Air-conditioned (Resident)		\$675
Roommate _____		
<input type="checkbox"/> Commuter		\$585

\$100 deposit required at registration; remainder due by May 13, 2005

Total Amount Due \$ _____

Total Amount Enclosed \$ _____

Method of Payment:

Check (make check payable to College Misericordia)

Visa Master Card Discover

Name on Card: _____

Card Number: _____ Exp Date: _____

Signature: _____

In relationship to prayers and liturgy, are you willing to be (please check all that apply): Presider ___ Homilist ___ Reader ___ Song Leader ___
Musician ___ Prayer Leader ___

There will be a special area for participants to review policies, procedures, and guidelines. Please bring copies of your policies, procedures, and guidelines that you are willing to have displayed and shared.

College Misericordia E-mail: conted@misericordia.edu

■ **ALL INCLUSIVE RESIDENT FEE** covers your housing, all meals, breaks, socials, workshop, and materials.

■ **COMMUTER FEE** includes meals, breaks, socials, workshop and materials.

■ **EARLY BIRD DISCOUNT** Register before April 1 and take \$25 off the listed fee.

■ **WARM HOSPITALITY** Relaxing atmosphere for respite and renewal.

■ **GREAT FOOD & RECREATION** Time built into the schedule for recreation or sight-seeing.

■ **AND MUCH MORE!**

WISCONSIN

Register Early - Space is Limited!

REGISTRATION

June 9-14, 2005

Registration Deadline is May 26, 2005

Please list your name exactly how you would like it to appear on your certificate.

Sr. Fr. Bro. Rev. Dr. Mr. Mrs. Ms. (Circle an appropriate title or include it with your name.)

Name _____ Rel. Community Initials _____

Address _____ Female/Male (circle gender)

City _____ State _____ Zip _____ E-mail _____

Ph (day) (____) _____ (evening) (____) _____ Fax (____) _____

Have you attended the ERDP workshop before? Yes No Location: Texas Wis PA

Check the area of ministry closest to what you do:

Administrator ___ Retirement Planner ___ Nurse ___ Social Worker ___ Chaplain ___ Dietician ___

Parish Outreach Worker ___ Religious Leadership ___ Diocesan Priest ___ Pastoral Staff ___

Geriatric Personnel ___ Recreation Therapist ___ Nurse Practitioner ___ Counselor/Therapist ___

Diocesan Leadership ___ Membership Personnel ___ Other ___ (Please describe _____)

Choice of Housing

If you need to arrive early to accommodate your travel plans, see "Helpful Information" section.

WISCONSIN June 9-14, 2005	Early Bird! <i>Before April 1</i>	Rate per person Take \$25 off!
(Please check one)	<input type="checkbox"/> *Single NON -Air-conditioned (Resident)	\$675
	<input type="checkbox"/> Double Air-conditioned (Resident)	\$725
	Roommate _____	
	<input type="checkbox"/> Commuter	\$585

*Please note that *only double occupy rooms are air-conditioned.*
Single rooms are not air-conditioned.

\$100 deposit required at registration; remainder due by May 26, 2005

Total Amount Due \$ _____

Total Amount Enclosed \$ _____

Method of Payment:

Check (make check payable to College Misericordia)

Visa Master Card Discover

Name on Card: _____

Card Number: _____ Exp Date: _____

Signature: _____

In relationship to prayers and liturgy, are you willing to be (please check all that apply):
Presider ___ Homilist ___ Reader ___ Song Leader ___
Musician ___ Prayer Leader ___

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■ ALL INCLUSIVE RESIDENT FEE covers your housing, all meals, breaks, socials, workshop, and materials.

■ COMMUTER FEE includes meals, breaks, socials, workshop and materials.

■ EARLY BIRD DISCOUNT Register before April 1 and take \$25 off the listed fee.

■ WARM HOSPITALITY Relaxing atmosphere for respite and renewal.

■ GREAT FOOD & RECREATION Time built into the schedule for recreation or sight-seeing.

■ AND MUCH MORE!

PENNSYLVANIA

Register Early - Space is Limited!
REGISTRATION
July 16-21, 2005
Registration Deadline is July 1, 2005

Please list your name exactly how you would like it to appear on your certificate.

Sr. Fr. Bro. Rev. Dr. Mr. Mrs. Ms. (Circle an appropriate title or include it with your name.)

Name _____ Rel. Community Initials _____

Address _____ Female/Male (circle gender)

City _____ State _____ Zip _____ E-mail _____

Ph (day) (____) _____ (evening) (____) _____ Fax (____) _____

Have you attended the ERDP workshop before? Yes No Location: Texas Wis PA

Check the area of ministry closest to what you do:

Administrator ___ Retirement Planner ___ Nurse ___ Social Worker ___ Chaplain ___ Dietician ___

Parish Outreach Worker ___ Religious Leadership ___ Diocesan Priest ___ Pastoral Staff ___

Geriatric Personnel ___ Recreation Therapist ___ Nurse Practitioner ___ Counselor/Therapist ___

Diocesan Leadership ___ Membership Personnel ___ Other ___ (Please describe _____)

Choice of Housing

If you need to arrive early to accommodate your travel plans, see "Helpful Information" section.

PENNSYLVANIA July 16-21, 2005 Early Bird! *Before April 1* Rate per person Take \$25 off!

(Please check one) Single Air-conditioned (Resident) \$725
 Double Air-conditioned (Resident) \$675
Roommate _____
 Commuter \$585

\$100 deposit required at registration; remainder due by July 1, 2005

Total Amount Due \$ _____

Total Amount Enclosed \$ _____

Method of Payment:

Check (make check payable to College Misericordia)
 Visa Master Card Discover

Name on Card: _____

Card Number: _____ Exp Date: _____

Signature: _____

In relationship to prayers and liturgy, are you willing to be (please check all that apply): Presider ___ Homilist ___ Reader ___ Song Leader ___
Musician ___ Prayer Leader ___

There will be a special area for participants to review policies, procedures, and guidelines. Please bring copies of your policies, procedures, and guidelines that you are willing to have displayed and shared.

College Misericordia E-mail: conted@misericordia.edu

- **ALL INCLUSIVE RESIDENT FEE** covers your housing, all meals, breaks, socials, workshop, and materials.
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- **AND MUCH MORE!**

28th Annual

ELDER RELIGIOUS and DIOCESAN PRIESTS WORKSHOP 2005



*Intensive workshop that focuses
on life long membership*

*Offers practical applications and
Solutions*

Texas

San Antonio
May 28 - June 2, 2005

Wisconsin

Madison
June 9 - 14, 2005

Pennsylvania

Dallas
July 16 - 21, 2005

Division of Adult Education



COLLEGE
MISERICORDIA

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Sisters of Mercy of Dallas

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*I'm new to the field of aging
and care for the elderly. This
workshop has given me
some confidence, thanks to
the wealth of knowledge,
insight and experience.
Excellent presenters and
excellent content.*

David Louch, Vicar Provincial
CSSR
Toronto, Ontario