family, friends & community
- older siblings, friends, and grandparents
- babysitters – bringing help on vacations
- community – local barber and church
- support groups
- school-based support and therapists
- financial support – state assistance

events of adaptive strategies
- using the drive-through
- catching an early movie
- handicapped parking
- slowly introducing new experiences – e.g., take child to doctor just for a visit and introductions prior to medical need
- keeping a consistent schedule

coping
- building up walls and limiting friends
- becoming self-reliant
- gaining strength through spirituality
- humor

change for the better
becoming a better person
becoming an advocate

family & marital stress
tear & anxiety
disbelief
denial

(child’s needs come first)

support

coping & adapting