

Fun & Fitness

Fall 2017

Fitness Center Memberships

Our state-of-the-art **fitness center** allows for a full cardio workout as well as weight-training. Access to our gym facilities also includes the pool, basketball courts, racquetball courts, and indoor walking track. A Misericordia-issued ID card is required for access to the Fitness Center and is provided upon registration. Replacement cards are \$20. Payments can be made in the Center for Adult & Continuing Education.

Dates: August 28 – December 15, 2017

Cost: \$100.00 *Discounts apply.*

Fitness Center Hours for Fall:

Monday – Friday 6:15 am – 12 pm

Saturday: 10 am – 5 pm

Sunday: 12 – 10 pm

Indoor Walking Track

The **indoor walking track** located in the Anderson Sports and Health Center at Misericordia provides a safe and comfortable environment for walking year-round.

Dates: August 28 – December 15, 2017

Days/Times: Monday through Friday 6:15 am – 12 pm

Cost: \$50.00 per semester. *Discounts apply.*

For additional information, please email funfitness@misericordia.edu or call 570-674-6289.

To register, complete the attached registration form and mail or fax to: Misericordia University, 301 Lake Street, Dallas, PA 18612, Attn: CACE; Fax: 570-674-6232. The form can also be emailed (as a scanned document) to funfitness@misericordia.edu.