Spring 2016 Non-Credit Classes

Clay by Hand and Pottery Wheel

Skip Sensbach
Skip Sensbach worked as an award-winning graphic designer in New Jersey prior to opening Green Dog Pottery in Dallas, PA in 1998. Skip’s ceramic work, both functional and sculptural, has been recognized in many regional and national shows.

Class tuition is $130.00 for six week session and includes first bag of clay.

Due to fuel and added labor, there will be a fee to access the studio during open studio times.

This fee is in addition to the class tuition. Please note that you must be enrolled in a class to use the studio during open times.

Open Studio Pass: $50.00 for a session pass which will allow access to the studio during open studio times Tuesday, Thursday and Friday 9:30 am to 2 pm.

For questions regarding these courses, please e-mail hsensbac@misericordia.edu.

Adult Clay Basics
Ages 16 to adult
6 two-hour class sessions per series
Adult Basic Clay will instruct mature artists (ages 16 and older) in hand building and pottery wheel skills, as well as decorative and glazing techniques that will enhance their work. Projects will be fired in the kiln.

Session #1
Date: Tuesday, January 12, 19, 26
February 2, 9, 16
Time: 10:00 am – 12:00 pm
Date: Wednesday, January 13, 20, 27
February 3, 10, 17
Time: 6:00 – 8:00 pm

Session #2
Date: Tuesday, March 1, (off week of spring break) 15, 22, 29; April 5, 12
Time: 10:00 am – 12:00 pm
Date: Wednesday, March 2, (off week of spring break) 16, 23, 30
April 6, 13
Time: 6:00 – 8:00 pm

Session #3
Date: Tuesday, April 26; May 3, 10, 17, 24, 31
Time: 10:00 am – 12:00 pm
Date: Wednesday, April 27
May 4, 11, 18, 25, June 1
Time: 6:00 – 8:00 pm
Instructor: Skip Sensbach
Cost per Series: $130.00
Computers 101: Getting Started and Beyond
Take the mystery out of your computer. It is never too late to learn! In this class you will discover the fundamentals of today’s computer technology and the basics of Microsoft Office, with an emphasis on Word. In this dynamic and interactive class you set the pace.

**Dates:** Wednesday, January 27
February 3, 10, 17

**Time:** 6:00 – 8:00 pm

**Instructor:** Rich Fufaro

**Location:** Mercy Hall, Room 349

**Cost:** $95.00

Computers 201: Moving Forward
In this course we will continue with Word and further explore Microsoft Office. This class is a perfect add-on to Computers 101 and is suitable for newcomers as well.

Learn to create documents, set-up and use databases, create spreadsheets, and present your creations in style.

**Dates:** Wednesday, March 2, 9, 16, 23

**Time:** 6:00 – 8:00 pm

**Instructor:** Rich Fufaro

**Location:** Mercy Hall, Room 349

**Cost:** $95.00

Advanced Computer Technology
Want to know more? This newly created class is designed for those with a desire to advance their knowledge of computers. Discover the more powerful features of Microsoft Office, including elements of MS PowerPoint and MS Access. Learning to master the Internet and the virtual world is at your fingertips. Get the most from your computer—maintain your computer’s performance and privacy through diagnosis and anti-spyware tools. Prerequisite: some computer familiarity, a love for learning, and a sense of humor!

**Date:** Wednesday, April 6, 13, 20, 27
May 4

**Time:** 6:00 – 8:00 pm

**Instructor:** Rich Fufaro

**Location:** Mercy Hall, Room 349

**Cost:** $120.00

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**Aerobics**

**Date:** January 4 – May 20

**Cost:**

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<th>Cost Type</th>
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<tr>
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**Dates:** Wednesday, January 4
February 1, 8, 15
March 1, 8, 15
April 1, 8, 15
May 2, 9, 16

**Instructor:** Rich Fufaro

**Location:** Mercy Hall, Room 349

**Cost:** $95.00

**Fitness Center Memberships**
Access to our gym facilities including the pool, basketball courts, racquetball courts, indoor track, and weight room.

**Date:**

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<tr>
<td>First quarter</td>
<td>January 1, March 31</td>
<td>$70.00 per quarter</td>
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<td>Second quarter</td>
<td>April 1, June 30</td>
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<td>Third quarter</td>
<td>July 1, September 30</td>
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<td>Fourth quarter</td>
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**Senior Citizens:** $50.00 per quarter

**Walking Track Only:** $35.00 per quarter

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**Water Aerobics**

**Date:** January 4 – May 20

**Cost:**

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**Dates:**

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<tr>
<td>January 4 – May 20</td>
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<td>January 4 – May 20</td>
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**Instructor:** Rich Fufaro

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**Bonsai Class**
Carl Achhammer, Jr.

Carl Achhammer, Jr. is a 15 year bonsai enthusiast who has studied with local Harrisburg artist Jim Doyle and other bonsai masters from Germany, Italy, Japan and the USA.

**Adult Students**
In this 4 week course adult students will learn the basics of the ancient art of bonsai.

Trimming, styling, repotting, watering, fertilizing and a history of bonsai will be among the topics studied.

Students will work on four trees in this class that they own at the end.

**Session #1**

**Date:** Monday, March 28; Wednesday, March 30; Saturday, April 2

**Time:** 11:00 am – 2:00 pm

**Session #2**

**Date:** Wednesday, March 28; April 6, 13

**Time:** 6:00 – 9:00 pm

**Location:** Art Studio

**Cost:** $150

Cost of materials included

**Instructor:** Carl Achhammer, Jr.
Important Information

General Inquiries
570-674-6289

Anderson Pool Information
Monthly calendars, including OPEN POOL HOURS are posted at the pool and at Anderson Safety Desk. Groups of 7 or more planning to attend an open swim time or inquire about private lessons, please contact the Anderson pool at 570-674-6446 in advance.

Consult Your Physician
The American College of Sports Medicine strongly suggests the individuals receive medical approval from a physician before beginning an exercise program. Every participant should recognize that it is the individual’s responsibility to prevent injury by being aware of their own state of health and limits of exercise. Misericordia University or Anderson Center personnel are not responsible for damages or injuries that may occur while using facilities or equipment.

Refunds/Cancellations
Refunds are not given AFTER class has occurred, for personal reasons, or natural weather phenomenon. Cancellations made at least 3 working days prior to the program are eligible for a monetary refund, less a $5.00 processing fee.

Watch for closings due to extreme weather conditions announced on local radio and TV stations or call the Misericordia University HOTLINE at 570-674-6311.

Gift Certificates
Give a gift of Fun & Fitness! Any value amount can be purchased. Great for birthdays or that hard-to-buy-for person!

Discounts
Discounts listed apply to regular monthly and supersaver programs such as Aerobics, and Water aerobics. They are NOT APPLICABLE art studio and specialty programs, pool fees, pro-rated fees, or daily rates.

*Only one discount applies.

Misericordia University Discounts
• Misericordia University Student 50%
• Misericordia University Alumni 50%
• Misericordia University Employee 50%
• Immediate Family of Students, Alumni, and Employees presently in the SAME home
  • Fun-damental Fitness 10%
  • Senior Citizen 30%

*Discounts apply only to the following programs:
• Aerobics
• Water Aerobics

*Only one discount applies

Office Hours
• Monday thru Thursday 8:30 am – 4:30 pm
• Friday 8:30 am – 4:00 pm

Please Note: Schedule subject to change without notice. Misericordia University reserves the right to adjust classes/spaces as needed. We appreciate your consideration and understanding when Fun and Fitness Aquatics program s conflict or coincide with student activities.

Anderson Center Hours
Spring 2016
Monday – Friday
7:00 am – 12:00 noon
Saturday
12 noon – 5:00 pm
Spring Recess
Regular hours during the Spring Recess period.
Easter
Closed Good Friday, March 25
Will re-open Tuesday, March 29
The Anderson Center will be closed Saturday, May 21st for Spring Commencement.

Wilderness First Aid Certification

Date: Saturday, March 19
Time: 9:00 am – 6:00 pm

Date: Sunday, March 20
Time: 9:00 am – 3:00 pm
Cost: $135

Must be age 14 to participate

Get certified in Wilderness First Aid through Misericordia University! Earn a 2-year American Red Cross certification that gives you backcountry know-how to treat many common injuries.

Skills covered are allergies, altitude illnesses, bone/joint injuries, burns, chest injuries, head/neck/spinal injuries, heat-related and cold-related illnesses, shock/heart attack and abdominal problems among others. This course will feature indoor and outdoor lessons and scenarios. Be ready to have fun while outside enjoying specialized training in the outdoors!

Cost is $135, covers all materials use, instruction, and certification. Meals are not included.

Instructor: P. McKamy, M.S., M.E.
Patrick McKamy has been the Coordinator of the Misericordia University SOAR program for the last 9 years. While at Misericordia, he regularly leads backcountry trips, climbing expeditions, snowshoeing, hiking, paddling, and leadership programs. In addition, he serves as the university’s Challenge Course manager at the highly regarded Outdoor Classroom at Misericordia University. He has been a Wilderness First Responder since 2002 and an instructor for Wilderness First Aid for 5 years.

Qigong/Taiji Class
Will not be running in Spring 2016.
Registration  Misericordia University • Fun & Fitness • Non-Credit Spring 2016

Expect To Be There! Confirmation will not be sent. If there is a problem with your registration, we will contact you.

PLEASE PRINT CLEARLY.

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Program Name: Payment must accompany registration

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Credit Card: □ Visa  □ MC  □ Discover

Acct # ___________________________ Exp. Date ___________________________ Three Digit Security Code ___________________________

Signature ___________________________

Please Note: Schedule subject to change without notice. Misericordia University reserves the right to adjust classes/space as needed.

Fill out and return by mail, fax or in person to:

Misericordia University
Center for Adult and Continuing Education
Room 133, Mercy Hall
301 Lake Street, Dallas, PA 18612-1090

Fax (570) 674-6232
General Inquires (570) 674-6289
Make checks payable to Misericordia University