



The Institute on Aging at Misericordia University Presents:

Memory Care: Understanding Diagnosis and Treatment  
Options for Dementia

A VIRTUAL Webinar Presented by:  
Maya Lichtenstein, MD and Dennis Klima, PhD

Friday, May 12, 2023  
2:00 PM – 4:00 PM

Register Online by May 11<sup>th</sup>

<https://www.misericordia.edu/campus-community/conferences-workshops/erdp/memory-care-registration>

Registration fee: \$39.00

**This program is approved for participating social workers for  
Two (2.0) Social Work Continuing Education (CE) Credits.**

**Program Schedule:**

**2:00-3:00 PM: Dr. Maya Lichtenstein**  
**Guide Toward Diagnosis and Care of Dementia**

This is an introductory talk on how we diagnose people living with dementia in the clinic. Once a diagnosis is established, we will move on to discuss and review approaches to care, both behavioral interventions as well as pharmacological agents.

**Learning Objectives:**

- To define dementia
- To learn what goes into a diagnosis of Dementia
- To better understand how we care for people living with dementia

**3:00-4:00 PM: Dennis Klima, PhD**  
**Mobility & Falls Management for Persons with Disabilities: The Seven Deadly Sins**

**Program Information:**

The presentation will target major components of an effective mobility and falls management program for older adults with cognitive challenges, including the pitfalls, or “sins”, which can hinder

mobility strategies. Current evidence-based perspectives will address outcomes which can be achieved in physical performance through exercise approaches and innovation, including procedural training to alleviate caregiver burden. Salient outcomes measures will target how to effectively monitor progress toward established goals in a mobility and falls prevention program.

### **Learning Objectives:**

- Analyze major causes of falls among persons with dementia
- Describe current evidence-based approaches for clients with cognitive challenges which address mobility needs and caregiver burden.
- Execute fall prevention programs using multimodal approach
- Identify major valid and reliable physical performance measures for persons with dementia

### **Presenter Bios:**

#### **Maya Lichtenstein, MD**



Maya Lichtenstein MD MHSc is a board-certified behavioral neurologist who has been at Geisinger since 2016. As an associate neurologist, she sees patients with cognitive concerns (including dementia). She is the associate director of research at the Memory and Cognition Program, where she is investigator for multiple studies. As an assistant professor at Geisinger Commonwealth School of Medicine, she also mentors' students in their research and teaches both medical students and residents.

#### **Dennis Klima, PhD**



Dennis Klima joined the faculty at the University of Maryland Eastern Shore in the Fall of 2002. Prior to his UMES appointment, Dennis served as program director of the Physical Therapist Assistant Program at the Baltimore City Community College for thirteen years. A graduate of the Medical College of Virginia, he received his Bachelor of Science degree in Physical Therapy and began clinical experience at the Johns Hopkins Medical Institution in Baltimore, Maryland. He completed a PhD in Physical Therapy from Temple University. Dennis received his geriatric and neurologic clinical specializations from the American Board of Physical Therapy Specialties. Dennis was a master trainer for the Stepping On Fall Prevention Program in Maryland. He has presented geriatric and neurologic continuing education courses locally, nationally, and internationally, including a neuromuscular course to physical therapists at the Kenya Medical Training College in Nairobi, Kenya. He is the author of both peer-reviewed articles and book chapters related to falls among older adults.

Questions, please Email [muconf@misericordia.edu](mailto:muconf@misericordia.edu) or call 570-674-6161.

This program sponsored by the Center for Adult & Continuing Education and  
Social Work Department at Misericordia University.