



### Head Coach Jim Ricardo

Jim Ricardo is in his 20th season as the head men's lacrosse coach at Misericordia University. During the 2019 season, MU qualified for the conference playoffs for the fifth year in a row. In 2018, Ricardo led the team to their best record ever at 14-2. In 2017, Ricardo led the Cougars to their first-ever MAC Freedom Conference Championship. The Cougars also earned their first NCAA Tournament berth and claimed a first-round victory. He was named the MAC Freedom Coach of the Year and went over 100 wins for his career. The Cougars made their fourth appearance in the MAC Freedom championship game in 2017. MU also made two appearances in the ECAC Championships. Before making the transition to the MAC Freedom in 2009, Ricardo led the Cougars to the Pennsylvania Athletic Conference playoffs three times in his first six seasons.

A graduate of Cortland State University, he previously served as an assistant coach at Virginia Wesleyan College. During his collegiate playing career, he helped Cortland to a berth in the NCAA Championships. Prior to that, he was a member of two national championship teams at Herkimer Community College where the team set a national record with 59 consecutive wins. Ricardo coached the United States U19 team to the silver medal at the 2010 FIL Festival in Manchester, England.



MISERICORDIA  
UNIVERSITY

## Girls' Lacrosse Camp

### Ages 7 to 17

The focus of the camp will be on fundamentals and skill development through individual and small group instruction covering all aspects of play for all positions. Players will be able to use what they learn in small sided drills and games in a fun and competitive environment.

**Dates:** July 12 – 14, 2021

**Location:** Mangelsdorf Field

**Camp Hours:** 9:00 am – 2:00 pm

**Cost:** \$100 individual per week

Other discounts do not apply.

### Fee Includes:

- Individualized Instruction
- T-Shirt
- Full-time athletic trainer on-site
- Specialized Position Training: (Goalie, Defense, Midfield, Attack, Draw)
- Team Games
- Expert Coaches

### Things to Bring:

Players should bring their own mask, lacrosse stick, goggles, mouthguard, lunch, water bottle, cleats/sneakers, and sunscreen.

### COVID Protocols and Guidelines:

- Any food will be bring your own, carry-out, and/or distributed with COVID safety protocols in place.
- Masks must be worn at all times both indoors and outdoors.
- Social distancing will continue to be observed per PA Governor's office (currently 6 feet).
- All approved visitors to campus will be required to self-monitor daily and report through the approved visitor-form link ([https://forms.misericordia.edu/vscf/vscf\\_form.cfm](https://forms.misericordia.edu/vscf/vscf_form.cfm)) any COVID risk factors for the duration of the activity. This report must be completed before to coming to campus each day.
- Temperature checks will be done every morning.
- Hand sanitizer will be available to all participants.
- Indoor and outdoor room and venue capacity limits from the PA Governor's office will be observed at all times and in all places on campus during events.

Please Note: This remains a fluid situation and is subject to change at any time.

For more information, contact Jim Ricardo at 570-674-3366 or [jricardo@misericordia.edu](mailto:jricardo@misericordia.edu).

### Registration Information

Complete the registration form and email to Jim Ricardo at: [jricardo@misericordia.edu](mailto:jricardo@misericordia.edu) or mail your completed registration form with payment to:

Misericordia University (Attention: Athletics)  
301 Lake Street, Dallas, PA 18612

Make checks payable to Misericordia University.

