



MISERICORDIA
UNIVERSITY

Fun Fitness

Fall 2020
Non-Credit & Special Programs for Life

FITNESS CENTER MEMBERSHIPS

Our state-of-the-art fitness center allows for a full cardio workout as well as weight-training.

Access to our gym facilities also includes the pool, basketball courts, racquetball courts, and indoor walking track. *Fitness packages are also available!*

Dates: August 31 – December 18, 2020

Location: Anderson Sports & Health Center

Cost: \$100.00 Discounts apply.

To register, email funfitness@misericordia.edu

FITNESS CENTER HOURS FOR FALL

Monday – Friday: 6:00 am – 1:00 pm

Saturday: 10:00 am – 5:00 pm

Sunday: 12:00 – 10:00 pm

A Misericordia-issued ID card is required for access to the Fitness Center and is provided upon registration. Replacement cards are \$20. Payments for replacement cards can be made in the Center for Adult & Continuing Education.

INDOOR WALKING TRACK INFORMATION

The indoor walking track provides a safe and comfortable environment for walking year-round.

The track is open Monday through Friday 6:00 am to 12:00 pm for the fall semester.

ANDERSON POOL INFORMATION

Please note that pool is kept at NCAA water temperature standards which is 79-81 degrees F. Monthly calendars, including OPEN POOL HOURS are posted at the pool and at the Anderson Safety Desk. Information can also be found at www.misericordia.edu/poolhours, or call 570-674-6289. To inquire about private swim lessons, or for groups of seven or more planning to attend an open swim, contact the Anderson pool in advance at 570-674-6446.

MISERICORDIA UNIVERSITY DISCOUNTS (Only one discount applies)

- MU Alumni 50%
- MU Employee 50%
- Senior Citizen 30%
- Veteran 30%
- Immediate Family 20%
(Of Students & Employees)

Visit us at www.misericordia.edu/funandfitness for all our programs!

The Center for Adult & Continuing Education at Misericordia University