National Conference
Integrating Yoga into Mental Health Care
Professional CEUs are Available
June 30 – July 2, 2017
Misericordia University, Dallas, PA
Sandy and Marlene Insalaco Hall
Sponsored by the Misericordia University Social Work Program and the Wellfleet Collective

Program Description
This groundbreaking event features the first major conference in the U.S. focusing on the topic of yoga and mental health care. It is designed for mental health and rehabilitative health professionals as well as yoga teachers and therapists.

About the Wellfleet Collective
The Wellfleet Collective is an interdisciplinary collaboration organized to support, develop, implement and expand the clinical applications of yoga within mental and behavioral health treatment and deepen the connections within and between the mental health and therapeutic yoga community.

For More Information Contact:
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For complete program description, visit us at www.misericordia.edu/yoga

Continuing Education Credit for this program is awarded by Commonwealth Educational Seminars (CES) for the following professions:

Social Workers: CES, provider #1117, is approved as a Provider for Social Work Continuing Education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. CES maintains responsibility for the program. ASWB Approval Period: 10/5/15 through 10/5/18. Social Workers should contact their regulatory board to determine course approval. Social Workers participating in this course will receive 5.5 clinical continuing education clock hours.

Licensed Clinical Professional Counselors/Licensed Mental Health Counselors: Commonwealth Educational Seminars (CES) is entitled to grant continuing education credit for LCPCs/LMHCs in the following states: AZ, AR, CA, CO, CT, DE, DC, FL, GA, HI, ID, IL, IN, IA, KS, KY, ME, MA, MO, NE, NH, NJ, NM, NC, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WY. CES maintains responsibility for this program. LCPCs/LMHCs completing the program will receive 5.5 continuing education hours of credit.

Psychologists: Commonwealth Educational Seminars (CES) is approved by the American Psychological Association (APA) to offer continuing education credit programs. CES maintains responsibility for this program and its content. Psychologists receive 5.5 hours of continuing education credit upon completing this program.

Marriage and Family Therapists: Continuing education credit for Marriage & Family Therapists is awarded in the following states: AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IN, IA, KS, ME, MD, MO, MT, NE, NH, NJ, NM, NC, OR, PA, RI, SC, SD, SC, TN, TX, UT, VT, VA, WA, WI, WY. CES maintains responsibility for this program. Marriage and Family therapists completing this program will receive 5.5 CE hours of credit.

Program Schedule

Friday, June 30, 2017
9:30 a.m.–4:30 p.m.
Pre-Conference Workshops
Nervous-System Informed, Trauma-Sensitive Yoga: The Convergence of Classical Yoga, Somatic Psychotherapy and Neuroscience
Joann Lutz, MSW, LICSW, E-RYT
Addressing Anxiety Through the Yoga Tradition
Jodi Ceballos, Psy.D., C-IAYT
Identifying Subtle Breathing Pattern Dysregulations and Healing Them with Yogic Interventions
Suzanne Ludlum, MS, C-IAYT, E-RYT 500
5:30 p.m.
Welcome Reception with Buffet
7:30–9:00 p.m.
Discussion Groups by Topic

Saturday, July 1, 2017
7:00–8:00 a.m.
Yoga Class

9:00–9:15 a.m.
Introduction to the Conference and to Keynote Speaker Amy Weintraub, MFA, E-RYT 500, C-IAYT, YACEP

9:15–10:45 a.m.
Keynote Address
The Love in the Room: Self-Care, Other Care
Amy Weintraub

11:00 a.m.–12:30 p.m.
Workshop with Amy Weintraub
When Mind-Body Practices Go Wrong: How to Match Clients with the Right Methods

Sunday, July 2, 2017
7:00–8:00 a.m.
Yoga Class

9:00 – 10:30 a.m.
Panel Discussion with Workshop Presenters; Q&A

10:45 a.m.–12:00 p.m.
Next Steps; Participant Sharings; Closing with Live Music

Pre-Conference CEUs: 5.5 Conference CEUs: 6