



# Fun & Fitness

Summer  
2018

Non-credit programs for children and adults



MISERICORDIA  
UNIVERSITY

[misericordia.edu](http://misericordia.edu)

## **CONTACT INFORMATION**

Center for Adult & Continuing Education

Misericordia University

301 Lake Street

Dallas, PA 18612

**Phone:** 570-674-6289

**Email:** [funfitness@misericordia.edu](mailto:funfitness@misericordia.edu)

**Visit us online at** [www.misericordia.edu/funandfitness](http://www.misericordia.edu/funandfitness)

## DEAR FRIENDS,

Although school may be out for many come summer, the learning continues at Misericordia University with our non-credit programs. No matter your age, our Fun & Fitness offerings can put you on the path to lifelong learning and personal enrichment. And summer would not be complete at Misericordia without our Sports and Career Exploration Camps for elementary, middle, and high school students.

We continue to offer our popular Fitness and Water Aerobics classes, along with a Fitness 101 class to help get you get up and running with a fitness program. Memberships to our state-of-the-art Fitness Center are also available.

New this summer are classes in jewelry-making and a golf league. Back by popular demand are our digital photography and

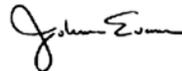
therapy dog preparation classes. Clay classes round out the schedule with a variety of days and times from which to choose.

We are also pleased to once again offer a free Lunch and Learn series on topics of interest to the community.

Still cannot find what you are looking for? Then we would like to hear from you! Is there a non-credit class or program you would like to see offered at MU? If so, please let me know by calling 570-674-3021 or emailing me at [jevans@misericordia.edu](mailto:jevans@misericordia.edu).

We hope to see you on campus this summer!

Sincerely,



Johnna Evans

Non-Credit and Special Programs Coordinator



## MISSION STATEMENT

The Center for Adult & Continuing Education and Office of Summer Studies embrace a commitment to life-long learning. We provide high-quality programs that drive community and adult education, innovative online learning, hospitality, and service to all.

**CLAY BY HAND AND POTTERY WHEEL**

Basic Clay will instruct artists (ages 14 and older) in hand-building and pottery wheel skills, as well as decorative and glazing techniques that will enhance their work. Projects will be fired in the kiln.

**Instructor:** Cathleen Repholz

Cathleen Repholz began studying ceramics while earning her B.S. in Mathematics at Dickinson College. In 2009, she decided to pursue a career in clay and started Bean's Pottery. Cathleen went on to earn her Master of Art in Ceramics from Marywood University in 2011. Her work has been exhibited at many regional fine craft shows and art exhibitions.

**Choose from three class options:**

**Mondays:** June 11, 18, 25; July 9, 16, 23, 30; Aug 6

**Time:** 6 to 8 pm

**Tuesdays:** June 12, 19, 26; July 10, 17, 24, 31; Aug 7

**Time:** 1 to 3 pm

**Wednesdays:** June 13, 20, 27; July 11, 18, 25; Aug 1, 8

**Time:** 6 to 8 pm

**Cost:** \$170.00 for an eight-week session and includes first bag of clay. Additional bags can be bought through the studio for \$16.00 per 25-lb bag.

**Discounts do not apply.**

**Advance registration required.**

**Location:** Misericordia University Art Studio located at the rear of 50 Lake Street, Dallas, PA

Online registration is available at [misericordia.edu/adultclay](http://misericordia.edu/adultclay) beginning Friday, April 13.

Discover the art of jewelry-making this summer at MU! Artist Gina Rice, known for her unique and exquisite jewelry designs, provides hands-on instruction in a studio-setting that encourages creativity, innovation, and fun!

**INTRO TO METALS**

In this class, students will learn basic metal-smithing techniques, including cutting with a jewelry hand saw, piercing, soldering, and finishing techniques, including hammering, pantinas, and polishing. Learn to create one-of-a-kind wearable pieces including earrings, pendants, chains, and more!

**Days:** Tuesdays, June 19, 26; July 3, 10, 17

**Time:** 6 to 8 pm

**Location:** Art Studio (150 Lake Street)

**Instructor:** Gina Rice

**Cost:** \$150 Discounts do not apply.

**Advance registration required by May 30.**

**SIMPLE STONE-SETTING**

In this class, students will build on the skills they have acquired in Intro to Metals to learn stone-setting for their one-of-a-kind designs. Students will also perfect soldering, polishing, and finishing skills. This class provides the opportunity to create chains, ear wires, and other findings.

**Days:** Tuesdays, July 24, 31; August 7, 14, 21

**Time:** 6 to 8 pm

**Location:** Art Studio (150 Lake Street)

**Instructor:** Gina Rice

**Cost:** \$150 Discounts do not apply.

**Advance registration required by June 30.**





## INTRODUCTION TO DIGITAL PHOTOGRAPHY AND PHOTOSHOP

Do you want to get the most out of your digital camera? Take better pictures? Get a better understanding of controlling the outcome of what your image looks like? Then this course is for you! Part of each class will be spent learning how to take your photography to the next level through camera controls, lighting, and composition while using the scenic Misericordia University campus as your working environment. The class is designed towards DSLR cameras but any digital camera can be used.

The class also teaches students how to edit their images using Photoshop and other software while working in a Mac computer lab.

The instructor will also help you with friendly constructive feedback of your work. Students are encouraged to use their own computers to improve their skills with equipment they are familiar with. The class is oriented towards art, design, color, and composition of photos and can progress to sports, street, and portrait photography. It will also help you make your photos look better while refining pictures through the digital process.

Instructor Jim May has been an adjunct faculty member at Misericordia University for the past 10 years and a professional photographer for the past 33 years, working in the news media.

**Days/Dates:** Tuesdays, July 10, 17, 24, 31; August 7

**Time:** 6 to 8 pm

**Location:** Mez 5, Walsh Hall (Lower Level)

**Instructor:** Jim May

**Ages:** 15 through adult

**Cost:** \$125 Discounts do not apply.

**Advance registration required.**

This series provides opportunities for personal/professional development and growth, along with instruction and resources. **The series is free, but please register in advance and bring a bagged lunch.**

## RELATIONSHIPS MATTER:

### Strategies for Building Successful Relationships at Work...That Work!

This session explores the key elements of successful professional relationships and provides some relationship building techniques to achieve positive results. This is a must for anyone who works with people and has an interest in creating value through positive, productive, and sustainable professional relationships.

#### **These and other questions will be addressed:**

- Who are the stakeholders in professional relationships?
- What are some strategies to create successful professional relationships?
- How do we define a “good” professional relationship?
- How do we get beyond conflict?

**Days:** Wednesday, July 11, 2018

**Time:** 12 to 1 pm

**Location:** Catherine Evans McGowan Room (3rd floor, Mary Kintz Bevevino Library)

**Facilitator:** Paul Nardone, MS, Director of the Center for Adult & Continuing Education, Adjunct Faculty Member in the MU Business Department

## FOUNDATIONS OF INVESTING

Foundations of Investing is a 30-minute educational program geared to people who want an overview of investing, including key terms and types of investments. The program covers the basic features of bonds, stocks and packaged investments, and the importance of asset allocation.

#### **The program outline includes:**

- A Seminar Overview
- The Guiding “Why”
- Rule 1: Develop a Strategy
- Rule 2: Stick with Quality
- Rule 3: Diversify (Bonds, Stocks, Packaged Investments)
- Rule 4: Invest for the Long Term
- Rule 5: Focus on What You Can Control

**Days:** Wednesday, August 15, 2018

**Time:** 12 to 1 pm

**Location:** Catherine Evans McGowan Room (3rd floor, Mary Kintz Bevevino Library)

**Facilitator:** Ted Oberg, AAMS, Financial Advisor at Edward Jones

## THERAPY DOG PREPARATION CLASS

Want to become part of a PAWSome team? Then this class is for you! Throughout this six-week course, handlers will have the opportunity to learn and practice the basic skills necessary for their dogs to become therapy dogs. Therapy dogs are well-mannered dogs who volunteer with their handlers in hospitals, nursing homes, schools, reading programs, dog education events, and many other areas.

This class covers basic elements of therapy dog work such as manners, calmness in unusual situations, and visiting etiquette. Dogs and handlers will learn behaviors associated with good therapy dogs, obedience and handling skills needed for visits, visiting protocol, and techniques for effective interaction between visiting teams and patients. Dogs will be introduced to medical devices including walkers, wheelchairs, canes, and crutches.

This class is not designed nor required to certify dogs but rather to give both handler and dog the tools to become effective therapy teams and to be better prepared for tests conducted by various programs. The final class will cover the “next steps” for becoming certified.

### Prerequisites Skills Dogs must:

- Be friendly with other dogs and people
- Desire interaction with people
- Understand basic obedience commands on a leash such sit, stay, and come
- Walk nicely on a loose leash
- Have a dog license
- Be clean, well groomed, and be up to dates on vaccinations
- Be at least one year old to be evaluated as a therapy dog but younger dogs are welcome

**Days/Dates:** Wednesdays, July 11, 18, 25; August 1, 8, 15

**Time:** 6 to 8 pm

**Location:** Main Floor, 50 Lake Street, Dallas, PA

**Facilitator:** Mary Perrego, ABCDT - Certified Dog Trainer

**Cost:** \$120. Discounts do not apply.

**Advance registration required.**

## GOLF-FIT LEAGUE

Are you ready to get fit and play some golf? Join Misericordia's Golf-Fit league at Lehman Golf Club. This is a 9-hole WALKING only course, so there are no golf carts, but hand-pulled carts are permitted.

**Days:** Tuesdays, May 22 – August 14, 2018

**Time:** League tee times will be between 4:30 and 6 pm.

**Location:** Lehman Golf Club

**Cost:** \$40 league fee per person (Includes a special golf shirt with logo and prizes)

**Greens Fees:** \$10.00 per week

Discounts do not apply.

### Please note:

- Rounds missed due to vacation can be played the week prior or the week after (regular course fees will apply @ \$13 to \$15 per round)
- No League play July 3rd, but there will be a special Ryder Cup tournament and buffet meal for league players and guests (additional fee)
- Individuals, partners or groups of 4 are welcome to sign-up for the Golf-Fit League

**Deadline for league fee and registration is April 29, 2018.**

League participation is capped at 40 players, first come/first served.

Please provide t-shirt size when registering.

**For questions, please contact Mark DiPippa at [mdipippa@misericordia.edu](mailto:mdipippa@misericordia.edu) or 570-991-8371.**



# STEP INTO ADVENTURE!

## MU'S OUTDOOR CLASSROOM CHALLENGE COURSE

The Outdoor Classroom at Misericordia University features a low ropes course of 12 elements and a high course of 4 elements. We are dedicated to providing quality programming to the community. We handle all types of requests such as sports teams, school classes and grades, corporate functions, birthday parties, outing clubs, and teacher co-horts.

Need an idea? Give us a call! We can focus on any of these objectives: communication, leadership, team-building, problem-solving, support, collaboration, fun!

Programs are designed with you based on your own goals, the length of time, and the participant size. Program lengths can range from as little as an hour to multi-day events.

**Climbing and Zip-line.** Want to take a ride on our 375-foot-long zip-line with a few friends? We schedule families and groups simply for our climbing and zip-line adventure!

**Corporations.** Want to work on some team building? Want a unique experience to draw out better communication among employees? Then contact us today!

**How Do I Book Today?** Contact the Outdoor Classroom Office today at [570-674-6411](tel:570-674-6411) to find a time that works for you. We will discuss your goals, objectives, and opportunities for your group.

**Birthday Parties.** Want to have a unique outdoor birthday party? How about a climbing adventure or a ride on the zip-line? Or both! Parties involve an hour and 15 minutes of climbing and/or zip lining followed by access to our activity field and picnic tables.

**Prices start at \$140.**

**Note:** Climbing minimum age 5, zip line minimum age 13.

**How Do I Book Today?** Contact the Outdoor Classroom Office today at [570-674-6411](tel:570-674-6411) to find a time that works for you. We will discuss your goals, objectives, and opportunities for your group.



# FITNESS & WATER AEROBICS CLASSES

## FITNESS CLASSES

With a variety of classes, there is something for everyone! No matter your level, from beginner and beyond, our experienced instructors will strive to help you reach your goals. Available equipment includes: hand weights, weighted body bars, resistance tubing, stability balls, weighted balls, and kettlebells.

**Dates:** May 14 – August 17, 2018

**Cost:** Semester \$103.00; Monthly \$35.00; MU students \$35.00 (all semester)

Discounts apply.

**Cardio with Extended Stretch:** Enjoy the music and this low-impact workout! A relaxed stretch will complete the class.

**Head-to-Toe:** With the use of fitness equipment... just the right combination of strength and cardio to start your day! Core strength, balance, and flexibility are emphasized.

**Weekend Workout:** An instructor's choice class, from aerobics to strength, or maybe a step class. Come on in and see what it will be!

### Fitness Class Schedule:

**Monday** Cardio/Extended Stretch 8 am

**Wednesday** Head-to-Toe 8:30 am

**Thursday** Cardio/Extended Stretch 8 am

**Friday** Head-to-Toe 8:30 am

**Saturday** Weekend Workout 9 am

## WATER AEROBICS

**Dates:** May 14 – August 17, 2018

**Days:** Monday – Friday

**Time:** 8:30 to 9:30 am

**Cost:** Semester \$105.00; Monthly \$35.00

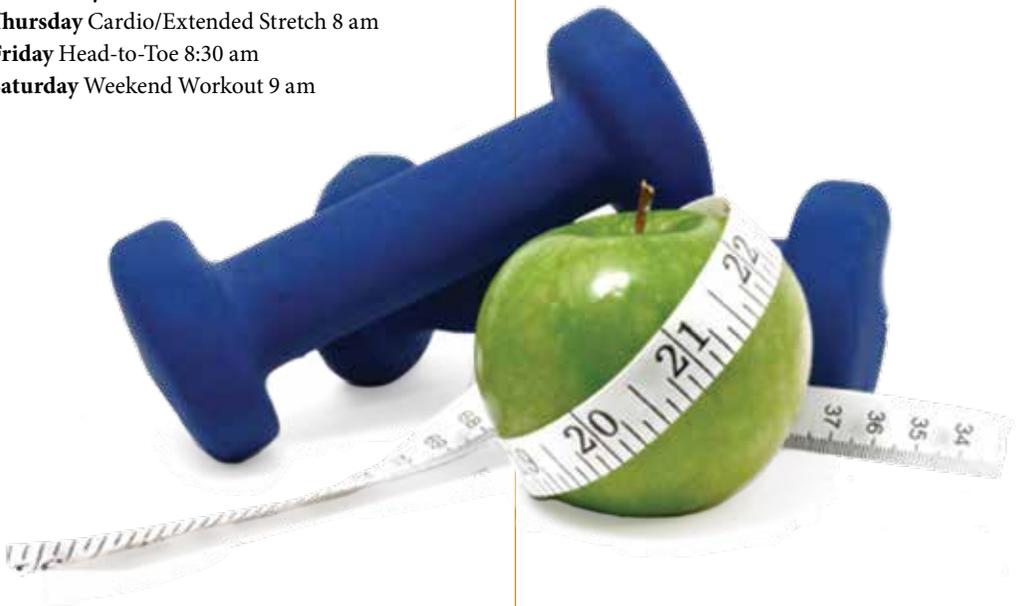
Discounts apply.

Please note that pool is kept at NCAA water temperature standards which is 79-81 degrees F.

**Note:** When registering for a semester of Fitness or Water Aerobics classes, the walking track will be included in the cost. The walking track is available for use Monday through Friday 8:30 am to 1 pm.

## OPEN POOL HOURS

Monthly calendars, including OPEN POOL HOURS are posted at the pool and at the Anderson Safety Desk. Information can also be found at [www.misericordia.edu/poolhours](http://www.misericordia.edu/poolhours), or call 570-674-6289.



# FITNESS 101 & FIT CENTER MEMBERSHIPS

## FITNESS 101: GETTING STARTED

Intimidated by the gym? Wondering where to start? Before you join a fitness center or buy yet another workout video or piece of equipment, let's talk. This four-week course will cover starting a fitness program in a safe, classroom environment, which will prepare you to walk through those gym doors and sign on the dotted line!

The course covers some fitness center etiquette and provides an overview of cardio and strength machines and how they work. Don't want to join a gym? You'll get some practical ideas of how you can take the first step to better health, too. The course also includes a "field trip" to Misericordia's fitness center to see what it has to offer.

But wait, there's more with our Fitness 101 course! Upon completion of the four-week course, participants will receive a pass to use MU's fitness center free for the month of July.

**About the Instructor:** Mark DiPippa has a BS in Health and Physical Education and an MS in Educational Administration. Mark had a long career with the YMCA in Lock Haven, Berwick, Pittston, and Wilkes-Barre and has helped hundreds of people in the Wyoming Valley start their exercise programs through the years.

**Days/Dates:** Mondays, June 4, 11, 18, 25

**Time:** 12:15 to 12:45 pm

**Location:** Anderson Sports & Health Center, Room 226

**Instructor:** Mark DiPippa

**Cost:** \$50.00 (\$35 for MU employees, students, alumni, and seniors)  
No additional discounts apply.

**Advance registration required.**

## FITNESS CENTER MEMBERSHIPS

Our state-of-the-art fitness center allows for a full cardio workout as well as weight-training. Access to our gym facilities also includes the pool, basketball courts, racquetball courts, and indoor walking track. A Misericordia-issued ID card is required for access to the Fitness Center and is provided upon registration. Replacement cards are \$20. Payments can be made in the Center for Adult & Continuing Education.

**Dates:** May 14 – August 17, 2018

**Cost:** \$80.00 Discounts apply.

## FITNESS CENTER HOURS FOR SUMMER

**Monday – Friday** 6 am to 7 pm

**Saturday and Sunday** 12 to 5 pm

**Please note:** Anderson Center closes at 7 pm.

## INDOOR WALKING TRACK

The indoor walking track located in the Anderson Sports and Health Center at Misericordia provides a safe and comfortable environment for walking year-round.

**Days:** Monday – Friday

**Dates:** May 14 – August 17, 2018

**Times:** 8:30 am to 1 pm

**Cost:** \$40.00 for summer. Discounts apply.



# SPORTS CAMPS

## BASEBALL CAMP FOR BOYS

**Ages:** 7 – 12

**Dates:** July 9 – 13, 2018

**Camp Hours:** 9 am to 2 pm

Optional swim each day from 2 to 3 pm

**Location:** Tambur Field

**Cost:** \$145 individual per week; \$125 each additional child in same family (Other discounts do not apply)

**Coach Pete Egbert**

[570-674-6471, pegbert@misericordia.edu](mailto:pegbert@misericordia.edu)

## BASKETBALL CAMP FOR BOYS

**Ages:** 7 – 15

**Dates:** August 6 – 10, 2018

**Camp Hours:** 9 am to Noon

**Location:** Anderson Sports Center

**Cost:** \$70 per child (Other discounts do not apply)

**Coach Willie Chandler**

[570-674-6317, wchandler@misericordia.edu](mailto:wchandler@misericordia.edu)

## COUGAR FIELD HOCKEY CAMP

**Ages:** 7 – 16

**Dates:** June 25 – 29, 2018

**Camp Hours:** 9 am to 2 pm

(Report 8:30 am Day 1 only to Metz Fieldhouse)

Optional swim each day from 2 to 3 pm

**Location:** Anderson Outdoor Complex

**Cost:** \$145 Individual per week; \$125 each additional child in same family (Other discounts do not apply)

**Coach Robyn Fedor-Stahovic**

[570-674-6491, rfedor@misericordia.edu](mailto:rfedor@misericordia.edu)

## COUGAR SOCCER SUCCESS CAMP

**Ages:** 7 – 14

**Date:** July 2 – 6, 2018

**Camp Hours:** 9 am to 2 pm

(Report 8:30 am Day 1 only to Mangelsdorf Stadium Field)

Optional swim each day from 2 to 3 pm

**Location:** MU Playing Fields

**Cost:** \$145 individual per week, \$125 each additional child in same family (Other discounts do not apply)

**Coach Mark Stauffer**

[570-674-6492, mstauffer@misericordia.edu](mailto:mstauffer@misericordia.edu)

## GIRLS' BASKETBALL CAMP

**Ages:** 8 – 15

**Dates:** July 9 – 13, 2018

**Camp Hours:** 8:30 am to 12:30 pm

(Drop-off starts at 8 am)

**Location:** Anderson Sports Center

**Cost:** \$100 per child (Other discounts do not apply)

**Coach Jason Rhine**

[570-674-3367, jrhine@misericordia.edu](mailto:jrhine@misericordia.edu)

For more information visit: [misericordia.edu/camps](http://misericordia.edu/camps)

For questions and general inquiries, see information listed for each camp for phone numbers and e-mail addresses.



# CAREER EXPLORATION CAMPS

## BIOLOGY CAMP

The Department of Biology at Misericordia University is hosting a three-day Exploration Camp June 24 – 27 from 9 am to 4 pm with additional evening activities. This camp is perfect for students entering the 11th or 12th grade in the fall of 2018. This camp is for students interested in learning about various professions in the Biological Sciences. This "Bio Camp" has been developed for qualified high school students who are curious and motivated to learn about career opportunities in the Biological Sciences. **Cost:** \$90

For an application and further information, please contact Dr. Larry Corpus at (570) 674-8166 or email [lcorpus@misericordia.edu](mailto:lcorpus@misericordia.edu).

## CHEMISTRY/BIOCHEMISTRY CAMP

The Chemistry/Biochemistry department at Misericordia invites students entering 12th grade in the fall of 2018 to explore careers in the chemical and biochemical sciences. This three/day/two evening camp runs June 24 – 26 from 8 am to 4 pm. Students interested in learning about the assortment of careers that a degree in chemistry or biochemistry can lead to are strongly encouraged to attend. Students will work together on projects in the areas of alternative energy resources, water quality, forensics, and pharmaceuticals gaining hands-on experience with instrumentation. This camp also offers field trips to facilities that will highlight the activities students complete first-hand. **Cost:** \$85

For more information about the camp and an application, contact Dr. Anna Fedor at (570) 674-6769 or e-mail [afedor@misericordia.edu](mailto:afedor@misericordia.edu).

Please contact the individuals listed for the Career Exploration Camps registration forms.

## COMMUNICATIONS/MEDIA CAMP

The Department of Mass Communications and Design at Misericordia University is hosting a three-and-a-half day, three-night residential Career Exploration Camp for students interested in learning about the Communications and Media professions by thoroughly exploring print, television, and other media careers. The camp runs June 24 – 27 from 8 am to 4 pm with additional evening activities. The camps is designed for students entering the 11th or 12th grade in the fall of 2018; seniors admitted 1st. **Cost:** \$90.

For more information about the camp and an application, contact Dr. Melissa Sgroi at (570) 674-6744 or e-mail [msgroi@misericordia.edu](mailto:msgroi@misericordia.edu).

## LITERATURE CAMP

Misericordia's three-and-a-half day, three-night residential camp, which runs June 24 – 27 from 8 am to 4 pm daily, with additional evening activities, features 200 Years of Frankenstein as its theme. The camp is designed for high school juniors and seniors (entering 11th or 12 grades in the fall of 2018) who have a passion for stories, poems, novels, and the stage. Participants will have the unique privilege to work with Misericordia faculty in a variety of workshop settings, including creative writing, literary adaptation, literature and pop culture, and literature in the multi-media age. **Cost:** \$85

For more information about the camp and an application, contact Dr. Patrick Hamilton at (570) 674-8020 or e-mail [phamilton@misericordia.edu](mailto:phamilton@misericordia.edu).

## SPEECH-LANGUAGE PATHOLOGY CAMP

The Department of Speech-Language Pathology at Misericordia University is hosting a four-day and three-night residential Career Exploration Camp for rising high school seniors (entering the 12th grade in the fall of 2018) interested in learning about the profession of Speech-Language Pathology. The camp runs June 24 – 27 from 8 am to 4 pm with additional evening activities. Speech-Language pathologists are employed in schools, hospitals, skilled nursing facilities, home health care settings, outpatient rehabilitation centers, day care centers for children and adults, and institutions of higher education. **Cost:** \$95

For more information or to register, contact Tracey O'Day at (570) 674-6724 or email [today@misericordia.edu](mailto:today@misericordia.edu).

# IMPORTANT INFORMATION

## GENERAL INQUIRIES

570-674-6289

## EMAIL

funfitness@misericordia.edu

## WEB

www.misericordia.edu/funandfitness

## CENTER FOR ADULT & CONTINUING EDUCATION OFFICE HOURS FOR REGISTRATIONS

Monday thru Friday 9:00 am – 4:00 pm

301 Lake Street, Dallas

Mercy Hall, First Floor, Suite 133

## ANDERSON CENTER HOURS FOR SUMMER

**Monday – Friday:** 6 am to 7 pm

**Saturday and Sunday:** 12 pm to 5 pm

**Memorial Day:** Closed Saturday, May 26 through Monday, May 28. Re-opens Tuesday, May 29.

**Fourth of July:** Closed Wednesday, July 4.

*Note: Anderson Center Hours are subject to change.*

*Also, please check the hours for your specific program and/or membership.*

## ANDERSON POOL INFORMATION

Monthly calendars, including OPEN POOL HOURS are posted at the pool and at the Anderson Safety Desk. Information can also be found at [www.misericordia.edu/poolhours](http://www.misericordia.edu/poolhours), or call 570-674-6289.

To inquire about private swim lessons, or for groups of 7 or more planning to attend an open swim, contact the Anderson pool in advance at 570-674-6446.

## CONSULT YOUR PHYSICIAN

The American College of Sports Medicine strongly suggests that individuals receive medical approval from a physician before beginning an exercise program. Every participant should recognize that it is the individual's responsibility to prevent injury by being aware of their own state of health and limits of exercise. Misericordia University or Anderson Center personnel are not responsible for damages or injuries that may occur while using facilities or equipment.

## DISCOUNTS

Discounts listed below apply only to Fitness Classes, Water Aerobics, and the Fitness Center. They DO NOT apply specialty classes. Only one discount applies.

## MISERICORDIA UNIVERSITY DISCOUNTS

- MU Student 50%
- MU Alumni 50%
- MU Employee 50%
- Senior Citizen 30%
- Immediate Family 20%  
of Students, and Employees

## GIFT CERTIFICATES

Give a gift of Fun & Fitness! Any value amount can be purchased. Great for birthdays, holidays, and that hard-to-buy-for person!

## REGISTRATION

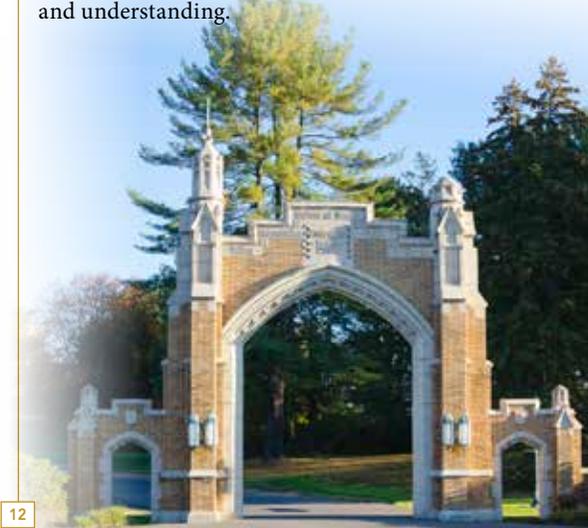
Advance registration is required on most programs as indicated.

## REFUNDS/CANCELLATIONS

Refunds are not given AFTER class has occurred, for personal reasons, or natural weather phenomenon. Cancellations made at least 3 working days prior to the start of the program are eligible for a monetary refund.

## SCHEDULES

Schedules are subject to change without notice. Misericordia reserves the right to adjust classes/spaces as needed when programs conflict with student activities. We appreciate your consideration and understanding.



# Registration Misericordia University • Fun & Fitness • Non-Credit Summer 2018

**Expect to be there! Confirmation will not be sent. If there is a problem with your registration, we will contact you.**

PLEASE PRINT CLEARLY. ONE REGISTRATION FORM REQUIRED FOR EACH CAMP PARTICIPANT.

Participant *First* \_\_\_\_\_ *Last* \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ Age \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent or Guardian *First* \_\_\_\_\_ *Last* \_\_\_\_\_

E-mail address \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Program Name Payment must accompany registration	Full Cost	Discount	Final Cost	Office Use Payment By		
				Cc see below	Cash	Check #
	\$		\$	<input type="checkbox"/>		
	\$		\$	<input type="checkbox"/>		
	\$		\$	<input type="checkbox"/>		
	\$		\$	<input type="checkbox"/>		
	\$		\$	<input type="checkbox"/>		
	\$		\$	<input type="checkbox"/>		
	\$		\$	<input type="checkbox"/>		
	\$		\$	<input type="checkbox"/>		

**Credit Card:**  Visa  MC  Discover Acct # \_\_\_\_\_

Exp. Date \_\_\_\_\_ Signature \_\_\_\_\_

Person authorized to pick up child participant or provide temporary care if you are not available:

\_\_\_\_\_

**Release & Medical Consent:** I agree to the above named person's participation in Misericordia University's non-credit programs, and waive, discharge and forever hold harmless Misericordia University, its officers, directors, employees and all other liabilities, claims, cause, damages or demands resulting from participation in usage of equipment. In event of an emergency, I authorize that medical attention be administered to the participant named above.

Signature of Participant/Parent or Legal Guardian of Minor \_\_\_\_\_

Phone \_\_\_\_\_

Additional emergency contact person and phone \_\_\_\_\_

**Fun & Fitness Registration**

Fill out and return by mail or in person to:  
 Misericordia University  
 Center for Adult and Continuing Education  
 Room 133, Mercy Hall  
 301 Lake Street  
 Dallas, PA 18612-1090

Fax 570-674-6232

General Inquiries 570-674-6289

Make checks payable to  
 Misericordia University

# Registration **Misericordia University • Sports Camps • Summer 2018**

**Expect to be there! Confirmation will not be sent. If there is a problem with your registration, we will contact you.**

PLEASE PRINT CLEARLY. ONE REGISTRATION FORM REQUIRED FOR EACH CAMP PARTICIPANT.

Participant *First* \_\_\_\_\_ *Last* \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ Age \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent or Guardian *First* \_\_\_\_\_ *Last* \_\_\_\_\_

E-mail address \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

**Volleyball Clinics Only:** Position Played \_\_\_\_\_ High School Graduation Year \_\_\_\_\_

Program Name Payment must accompany registration	Cost	Final Cost	Office Use Payment By		
			Cc see below	Cash	Check #
Boys' Baseball July 9-13, 2018	\$	\$	<input type="checkbox"/>		
Field Hockey June 25-29, 2018	\$	\$	<input type="checkbox"/>		
Soccer Success July 2-6, 2018	\$	\$	<input type="checkbox"/>		
Girls' Basketball July 9-13, 2018	\$	\$	<input type="checkbox"/>		
Boys' Basketball August 6-10, 2018	\$	\$	<input type="checkbox"/>		
	\$	\$	<input type="checkbox"/>		
	\$	\$	<input type="checkbox"/>		

**Credit Card:**  Visa  MC  Discover Acct # \_\_\_\_\_

Exp. Date \_\_\_\_\_ Signature \_\_\_\_\_

**Applicable Sport Camps** T-Shirt Size *If size is not indicated, large will be ordered.*

Adult  S  M  L  XL  Youth  S  M  L  XL

Person authorized to pick up child participant or provide temporary care if you are not available: \_\_\_\_\_

**Release & Medical Consent:** I agree to the above named person's participation in Misericordia University's non-credit programs, and waive, discharge and forever hold harmless Misericordia University, its officers, directors, employees and all other liabilities, claims, cause, damages or demands resulting from participation in usage of equipment. In event of an emergency, I authorize that medical attention be administered to the participant named above.

\_\_\_\_\_  
Signature of Participant/Parent or Legal Guardian of Minor

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Additional emergency contact person and phone

**Sport Camps Registration**

Fill out and return by mail or in person to:

Misericordia University  
Anderson Sports Center  
301 Lake Street  
Dallas, PA 18612-1090

Please note the camp you are registering for on the mailing envelope.

Questions and general inquiries see information listed for each camp for phone and e-mail addresses.

Make checks payable to Misericordia University



*It starts at the*  
**ARCH**



**MISERICORDIA**  
**UNIVERSITY**

**301 Lake Street, Dallas, PA 18612-1090**

*Founded by the Sisters of Mercy*